

PROPS LACROSSE PARENT PLEDGE

As a parent/guardian of a PROPS player, I pledge:

- 1. to find a way to get my child to practice and games on time. I understand that it can be embarrassing for my child to be late and that I may be putting him/her at risk by not providing adequate time for warm-up.
- 2. to ensure that my child is picked up from all games and practices on time. This shows respect for the coach and tells my child that he or she is my top priority.
- 3. to use positive encouragement to fill my child's Emotional Tank because athletes do their best when their "Emotional Tank" is full. I understand that fewer than 1% of youth sports participants receive college scholarships and that the top three reasons kids play sports are
 - a) to have fun
 - b) to make new friends, and
 - c) to learn new skills.
- 4. to keep sports in the proper perspective and understand that the game is for the players.
- 5. to reinforce the ELM Tree of improvement with my child (E for Effort, L for Learning, and M for Mastery from Mistakes). Winners make maximum effort, continue to learn and improve, and do not let mistakes, or fear of making mistakes, stop them. I understand that mistakes are an inevitable part of any game and that people learn from them. I understand that children are born with different abilities, and will mature physically and mentally at different rates and times and that the true measure is not how my child compares to others but how he/she is doing in comparison to his/her best self.
- 6. to "Honor the Game." I understand the importance of setting a good example for my child. No matter what others may do, I will show respect for all involved in the game including coaches, players, opponents, opposing fans, and officials. I understand that officials make mistakes. If the official makes a "bad" call against my team, I will Honor the Game and be silent!
- to refrain from yelling out instructions to my child. I understand that this is <u>NOT</u> my role. I understand that games are chaotic times for children trying to deal with fast-paced action and respond to opponents, teammates, and coaches. I will limit my comments during the game to encouraging my child and other players for both teams.
- 8. to refrain from making negative comments about my child's coach in my child's presence. I understand that this plants a negative seed in my child's head that can negatively influence my child's motivation and overall experience.
- 9. Honor this Parent/Guardian Pledge in my words and actions.